

T&C MEMBER NEWSLETTER

Hello to all of our T&C Members! We hope everyone is still staying healthy and safe during this time. As we head into the new season, here are some facility reminders, new programs and general updates.

Thank You,
T&C Management



NEW FACILITY HOURS STARTING MAY 3RD!

Beginning on Monday, May 3rd, our new health club hours will be:

Monday-Thursday: 6am-9pm

Friday: 6am-8pm

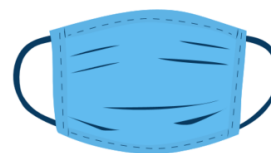
Saturday-Sunday: 8am-6pm

UPDATED MASK MANDATE:

The state has revised its mask guidelines as it relates to wearing masks outdoors. If an event has 1,000 people or less, the mask mandate is lifted. T&C still recommends wearing a mask while moving around outdoors at our facility, however, it is no longer required.

Please note that we still require all members and entrants of our facility to wear a mask when entering/exiting our facility, or when not engaging in physical exercise indoors. Our staff will continue to wear masks while working.

We are committed to protecting our members and employees.



Face coverings are required while walking around/not actively working out!
It must cover your nose and mouth.

Thank you for your cooperation.



OPEN SWIM & NURSERY RESERVATIONS:

How do I reserve a time for Open Swim?

- Call our Front Desk in advance to reserve a 45 minute time block in either our Warm Water or Lap Pool during Open Swim - we can reserve times weekly to alleviate frequent calling for members.

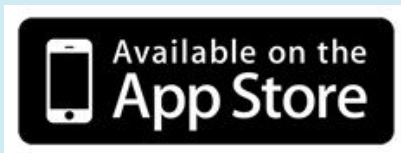
How do I reserve a time for the Nursery?

- Call or stop by our Front Desk to make a nursery reservation time in advance - we can also reserve members weekly times.

Have you downloaded our free T&C app yet? If not, you can do all of the following from your smart phone:

- Check yourself into the facility with a custom member barcode
- Update account and payment info
- Register (and unregister) yourself for ALL of our group classes
- Get notified of important facility or class updates
- And more!

Click the [App Store](#) or [Google Play](#) button below to download our app onto your device now!



WEIGHT ROOM USAGE REMINDERS:

- Clean any machines, equipment, and/or free weights after your workout
- Put free weights/plates back on weight racks after your workout
- Avoid excessive phone usage at machines



CHECK OUT OUR UPCOMING PROGRAMS - REGISTER ONLINE NOW!



**REGISTER FOR SUMMER CAMP
HERE!**

**REGISTER FOR MEN'S B-BALL
LEAGUE HERE!**



**CLICK HERE FOR
YOUTH SOCCER
INFO!**

**CLICK HERE FOR
ADULT SOCCER
INFO!**

**CLICK HERE FOR 5v5
TOURNAMENT INFO!**



Semi-Annual 5V5 Tournament

SUMMER SHOWDOWN

(JULY 9-11th)

T&C is excited to host its Semi-Annual 5v5 Tournament! Showcase your team's skills against others in the tri-state area, with the chance to be crowned the Summer Showdown Champions!

Guaranteed 3 40-minute games
Adult & Youth Divisions
\$275/team
Registration Deadline: June 22, 2021

Register online: <https://towncountrysports.demosphere-secure.com/youth-activities/soccer/5v5-tournament-summer-showdown>

ADULT DIVISIONS:	HIGH SCHOOL/JR.	YOUTH DIVISIONS:
Men's Open	HIGH DIVISIONS:	2015s
Men's 30+, 40+	Varsity A	2014s
Women's Open	Varsity B	2013s
Women's 30+, 40+	Junior Varsity	2012s
	Rising 6th-8th Grade	2011s
		2010s

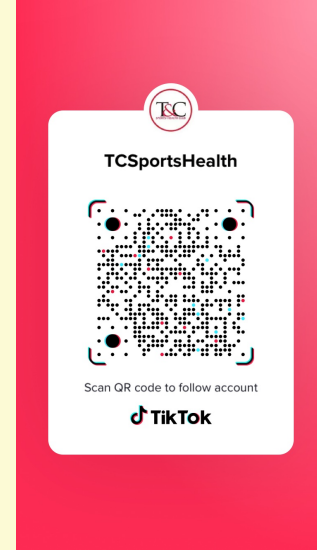
T&C is now on Tik Tok - Follow Us!

You can now find T&C on Tik Tok - follow us for fun fitness content, trainer tips, workouts, and more!

How to find us:

- Open your Tik Tok app
- Go to the "Discover" button on the main page
- Scan the QR code (from a different device) by clicking the button in the top right of your screen or

- Search "[@tcsportshealth](#)" in the search bar
- Follow!



BLOOD DRIVE RESULTS!

A huge Thank You to all of our T&C Members who donated blood for the Hoxworth Blood Drive on April 8th! Here are the results:

- 31 donors made appointments and 25 donors registered for the drive
- 18 whole blood products were collected
- 1 first time donor
- In total, our drive helped 54 patients in our community!

Next Hoxworth Blood Drive at T&C will be June 15th - more information will be posted in the club soon!

Thank You to all of our Sponsors, including:



Town & Country | 1018 Town Drive, Wilder, KY 41076

[Unsubscribe marketing@tcsportshealth.com](mailto:unsubscribe_marketing@tcsportshealth.com)

[Update Profile](#) | [About Constant Contact](#)

Sent by membership@tcsportshealth.com in collaboration
with



Try email marketing for free today!